

Ways to pay:

I have enclosed Cash

I have enclosed Cheque

(payable to East Neuk Emergency Trust)

I will set up a regular standing order payment
(Bank details –

Account no: 77922460; Sort code: 87-68-90

If you are a tax payer, **Gift Aid** allows you to boost your donation by 25p for every £1 donated. Please tick if you wish to gift aid your donation

Please return this form, with any cash or cheque donations to

7 Union Place, Anstruther KY10 3HQ

The information you supply will be used by ENET for administration purposes only in terms of the Data Protection Act 2018.

East Neuk Emergency Trust

is a registered charity.

SC044210

Other Contacts

Money Advice Contacts:

CITIZENS ADVICE & RIGHTS FIFE is an independent organisation which can offer help and advice if you are worried about money.

You can arrange to see someone from CARF at your local services centre, or you can contact them direct on

0345 1400 095

Or

Scottish Welfare Fund

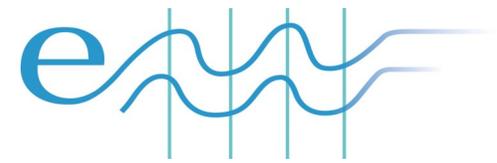
Crisis Grants can help pay for essential items such as food, heating costs etc

Community Care Grants can help pay for household items, furniture etc or removal expenses. telephone: **0300 555 0265** for further information:

Details of all Fife Council Departments can be found at:-

www.fifedirect.org.uk

ENET is here to help you in a crisis



East Neuk Emergency Trust



East Neuk Emergency Trust

is a registered charity.

SC044210

Website: enet-eastneuk.org.uk/

Facebook: [www.facebook.com/](http://www.facebook.com/EastNeukEmergencyTrust)

EastNeukEmergencyTrust

Email: info@enet-eastneuk.org.uk

What is ENET?

East Neuk Emergency Trust is a community based organisation formed in 2002 to help people who are experiencing some difficulties or even a temporary crisis in their lives.

A management committee of local volunteers runs the Trust.

The purpose of the trust is to help those most in need who have perhaps been refused help from other agencies for whatever reason.

The Trust covers the postcode areas in North East Fife (KY8 east, KY9, KY10), so if you live within any of these areas - ENET may be able to help.

Applications for help are referred to ENET from a health professional or other agency.

Applications cannot be self referred.

Should you be experiencing a very difficult time in your life, ENET may be able to help.

Recently ENET has helped...

- A young mum experiencing domestic abuse who fled the family home needed help to buy furniture for her council flat.
- Bus fares paid to visit a child in Hospital
- Grandmother with full care of her grand-daughter needed help to purchase a bed and bedding.
- A Grandparent with full time care of an adult disabled grandson was having difficulty pushing the wheelchair: a request for a battery pack for the wheelchair to ease this problem helped this family.
- Accommodation costs paid so a young family could stay close to a sick baby for a short spell.

These are just a few examples of how ENET has

How to get help

- Speak to your GP or Health visitor
- to your minister
- to your local Councillor
- to your Social Worker
- to the staff at the Foodbank
- to your Community Psychiatric Nurse
- to ENeRGI in St Monans
- to your Housing Officer

Becoming a Friend of ENET

As a charity, East Neuk Emergency Trust needs to raise funds in order to continue to support local people in need. Becoming a Friend is a way of supporting this valuable service.

There are two ways of supporting ENET

1. Providing a regular donation (i.e. monthly or annually)
2. Providing a one off donation

Title:	
First Name:	
Surname:	
Address:	
Postcode:	
E-mail:	
Telephone:	

I would like to make a regular donation of

£..... monthly/annually (please delete as applicable).

I would like to make a one off donation of £.....

Signature:_____

Date:_____